2022-2023

NATIONAL SERVICE SCHEME

YOGA AWARENESS PROGRAMME FOR SCHOOL STUDENTS



SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN

(Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai) KAIKKURICHI, PUDUKKOTTAI-622 303.



CIRCULAR

DATE: 17.04.2023

This is to inform that our college National Service Scheme (NSS) Unit is going to conduct a "Yoga awareness programme for school students" on Thursday, 20th April 2023 in Government Hr. Sec, School, Vennavalkudi. In this regard the NSS Volunteers are instructed to organize the programme and assemble in our college ground at 9.45 am.

NSS PROGRAMME OFFICER

PRINCIPAL

PRINCIPAL

SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN KAIKKURICHI - 622 303. PUDUKKOTTAI DISTRICT

Cc:

All Faculty Members

All II, III & IV Year B.E Students

IQAC Coordinator

NSS Coordinator/NSS File

Notice Board

Office File

Dr. S.THILAGAVATHI M.E., Ph.D., PRINCIPAL

SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN Kaikkurchi - 622 303, Pudukkottai Dt.



SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN

(Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai)

KAIKKURICHI, PUDUKKOTTAI-622 303 STUDENTS NAME LIST - NSS

DATE: 20.04.2023

YOGA AWARENESS PROGRAMME FOR SCHOOL STUDENTS.

SI .NO	REG. NO	NAME	DEPT./YEAR	SIGNATURE
1.	912620104005	KALPANA.K	CSE/III	Kalpana. 1
2.	912620104016	SIVAGAMI.D		Pivolahia.
3.	912620106002	ANUSHYA M	ECE/III	M. And
4.	912620106004	JEYASRI K		HEIRSUN .
5.	912620106303	SABAREESWARI S		Shi.
6.	912620105001	KAYALVIZHI K	EEE/III	Kayalij2hi-k.
7.	912620105002	RAMADEVI S		S. Pamadelei
8.	912620105303	KOPPERUNDEVI S		Koppourder:S
9.	912621104702	A.R.SWATHI	CSE/II	Select.
10.	912621104007	ELACKIYA G		Gr. Harring.

CO-ORDINATORS:

1. Mrs.V.Nithya Poorani AP/ECE - V. (U)

2. Mrs.EL.Thanga Uma AP/CSE-

3. Ms.Raci.Mahizhini AP/CIVIL-

PRINCIPAL

SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN KAIKKURICH! - 622 303.

PUDUKKOTTAI DISTRICT

Dr. S.THILAGAVATHI M.E. Ph.D.

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YOGA AWARENESS PROGRAMME FOR SCHOOL STUDENTS

REPORT

EVENT DATE: 20-04-2023

VENUE: Government Hr. Sec, School, Vennavalkudi

ORGANIZED BY: NSS Unit NO. OF BENEFICIARIES: 122

NO.OF NSS VOLUNTEERS PARTICIPATED: 10

"Yoga awareness programme for school students" was organized by Sri Bharathi Engineering College for Women in association with NSS Unit on 20th April 2023. Our NSS Volunteers students shared the importance of yoga to the school students as practicing yoga results in reducing hyperactivity and inattentiveness in students to promote concentration for better academic marks and motivated them to do more aasannas like tadasana, trikonasana etc., 10 NSS Volunteers got participated in the programme.

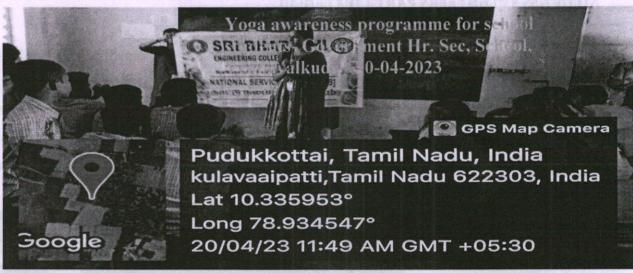


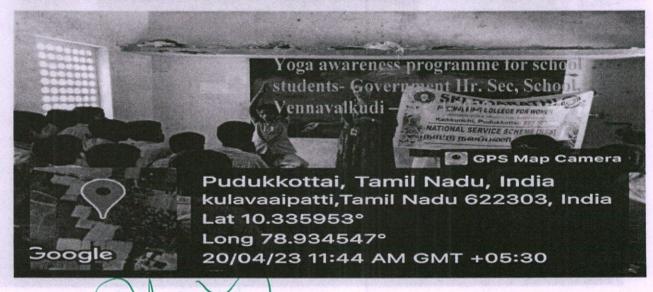
Dr. S.THILAGAVATHI M.E.,Ph.D., PRINCIPAL SRI BHARATHI ENGINEERING

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